

## References

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Physiology & Immunology Plenary Session  
Saturday, September 16th, 14h00

### PS030

#### Assessment of left ventricular systolic and diastolic function in diabetic rat model using Electrocardiography-gated 18F-FDG PET imaging



Eissler Christoph<sup>1,2,3,\*</sup>, Nobuyuki Hayakawa<sup>3</sup>, Paula-Anahi Arias-Loza<sup>2</sup>, Hiroshi Wakabayashi<sup>3</sup>, Rudolf Werner<sup>1,3</sup>, Tetsuya Shinaji<sup>1,3</sup>, Constantin Lapa<sup>3</sup>, Theo Pelzer<sup>2</sup>, Takahiro Higuchi<sup>1,3</sup>

<sup>1</sup> *Comprehensive Heart Failure Center, University Hospital Wuerzburg, Wuerzburg, Germany*

<sup>2</sup> *Internal Medicine I University Hospital Wuerzburg, Wuerzburg, Germany*

<sup>3</sup> *Nuclear Medicine University Hospital Wuerzburg, Wuerzburg, Germany*

E-mail address: [christopheissler@web.de](mailto:christopheissler@web.de)  
(E. Christoph).

**Aim:** In this study, we explore the potential of ECG-gated 18F-FDG PET to assess LV systolic and diastolic function in a well-established rat model of type 2 diabetes.

**Introduction:** Left ventricular (LV) diastolic dysfunction, defined as a disruption of the normal filling pattern of the ventricle but normal systolic function, is one of the early signs of cardiac involvement in diabetic patients.

**Methods:** List-mode gated 18F-FDG PET imaging was performed on a rat model of type 2 diabetes (ZDF fa/fa) ( $n=6$ ) and ZL control rats ( $n=6$ ) at age of 13 weeks 15–30 min after tracer-administration (37 MBq) via tail vein under hyperinsulinemic-euglycemic clamp using a dedicated small animal PET system (Siemens Inveon) with ECG signal recording for 20 min. List-mode data were sorted and reconstructed into tomographic images of 16 frames per cardiac cycle. PET images were resized to match human-scale pixels. Left ventricular functional parameters were calculated using standard clinical software program (Heart Function View).

**Results:** Hyperinsulinemic-euglycemic clamp and post mortem tissue analysis demonstrated the development of diabetes in the ZDF rats and of significant myocardial hypertrophy in ZDF rats at age of 13 weeks ( $994 \pm 78$  mg vs.  $871 \pm 44$  mg in ZDF rats vs. ZL controls,  $p < 0.01$ , respectively). The PET images analysis showed a mild but significant decrease of LV PFR in the ZDF rats ( $10.4 \pm 0.5$  vs.  $11.8 \pm 0.4$  EDV/s in ZDF rats vs. ZL controls,  $p < 0.001$ , respectively), whereas no significant differences concerning LVEF and cardiac output (CO) could be detected between model and control rats (LVEF:  $60.0 \pm 4.5$  vs.  $63.7 \pm 4.1\%$ ,  $p = 0.25$  and CO:  $90917 \pm 14015$  vs.  $85208 \pm 17511$   $\mu$ l/min,  $p = 0.90$ , respectively).

**Conclusion:** In a rat model of type 2 diabetes, we demonstrated the ability of ECG-gated-18F-FDG PET together with a clinical ventricular edge detection software to assess reliable LV systolic and diastolic parameters and to detect the presence of a diastolic dysfunction in the diabetic rats.

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Public Health & Medical Informatics Plenary Session  
Saturday, September 16th, 14h00

### PS045

#### Prevalence of dietary supplements and over-the-counter drug use in patients with arterial hypertension



Mateusz Łobacz\*, Marek Stopa, Magdalena Niemczyk, Karolina Rutkowska, Agata Radko

*Jagiellonian University Medical College – Students' Scientific Group at the First Department of Cardiology, Interventional Electrocardiology and Hypertension, Poland*

E-mail address: [lobacz.mateusz@gmail.com](mailto:lobacz.mateusz@gmail.com)  
(M. Łobacz).

**Aim:** Analysis of frequency of use of DS/OTC among patients with arterial hypertension as well as factors determining its use and patients' knowledge about possible interactions with conventional medication.

**Introduction:** Dietary supplements (DS) and over-the-counter drugs (OTC) are frequently advertised as a natural treatment of many disorders. DS/OTC can interfere with biotherapeutic action of prescribed medication and this is of particular concern in patients with cardiovascular disease, many of whom are on long term treatment.

**Methods:** The study was conducted in the Outpatient Hypertensive Clinic in the Tertiary Cardiac Center. Self-prepared questionnaire was administered among 151 hypertensive patients (58% females, age range 18–80 years). Regular DS/OTC use was defined as taking them at least 3 times per week.

**Results:** In the examined population regular use of DS/OTC was declared by 67% subjects. The most commonly, regularly used substances were minerals and microelements (60.4%), vitamins (48.5%), analgesics (18.8%), drugs increasing the immunity (18.8%), relieving the gastrointestinal symptoms (18.8%) and omega acids (18.8%). There were no differences in the frequency of DS/OTC use in relation to number of antihypertensive drugs, educational level, age and income. Women are more frequent regular users of DS/OTC than men ( $n = 65$  vs.  $n = 36$ ,  $p = 0.03$ ). Only 38% of responders always consulted the use of DS/OTC with a doctor. The majority of responders (52%) is not aware of possible influence of DS/OTC on antihypertensive medication or blood pressure control. Cost of DS/OTC in 23% of responders is equal or higher than cost of prescribed drugs.

**Conclusion:** Two thirds of hypertensive patients are regularly using DS/OTC. Half of them are not aware of possible interactions with antihypertensive therapy and influence of blood pressure control. The perception that nonprescription therapies are unnecessary to report during medication history taking should be changed. DS/OTC are the important position in the responders budget.

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